

10 Ways To Create A More Exciting Relationship

Contributed by Gregg Hall
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{bot_wrgoogle} Never underestimate the value of spontaneity in a relationship. Too often relationships lose their excitement because the mates fall into a routine that becomes boring as time goes by. Don't be afraid to suggest new activities in your relationship or to try new things on a whim. Being spontaneous doesn't have to involve big decisions it can be as simple as picking up something new at the grocery store and trying a new recipe for dinner. Whatever you do, just let your instincts take over for a minute instead of relying on rationality. Anything you do that is spontaneous may not work out as well as if you had planned out every last detail but just go with the flow and you'll find your relationship taking a turn for the better.

Exploring a new location together is another way to bring the excitement back into your relationship. Whether you plan an elaborate trip to an exotic location or just take the bus to a nearby city that you have never visited your adventure together will help spice up your romance. Take your time exploring the new location and enjoy the foods and atmosphere that the new place has to offer. Exploring new cities can help bring the thrill back to your relationship.

Still another way to spice up a waning relationship is to sign up for an instructional class together such as a cooking, dancing or pottery class. Working together to learn a new skill will draw the two of you closer as you strive to accomplish a goal together. A class will enable you and your partner to interact in a new way. This new interaction will help to pull you out of a rut.

Spending a night at a hotel is another way to restore the excitement in your relationship. Intimacy is very important in a relationship and if you and your partner have found that this aspect of your relationship has lost it's spice, it's time to shake things up a bit. Choose a romantic hotel, preferably one with a cozy restaurant. Begin by having a wonderful candlelight dinner in the restaurant and then proceed to the room that you have reserved. Setting the mood with candles and dim lighting is also suggested. A night in a different location such as a romantic hotel will go a long way towards rekindling your intimate relationship.

Another way to bring the excitement back into your relationship is to set up a date night. While you may see each other daily and even go out to dinner every Friday night, setting up a date night outside of your usual schedule will enhance your relationship. Don't just schedule a night to go out to dinner but treat each of these date nights as if they were first dates. Go all out getting yourself dressed up and take special care in your appearance. Prepare for your date night as if you were really trying to make a good first impression. Going out of your way to have at least one night of fun and romance a week will help add a little zing to your relationship.

Giving your mate gifts for no reason at all is another way to get your relationship back on track. You may have lavished gifts on your partner early in the relationship but as the relationship progressed you may not have done so as frequently. Small, meaningful gifts given just to make your partner happy will let them know that they are still always on your mind just as they were in the beginning of the relationship.

The simple act of holding hands can also add excitement back into a relationship. This intimate gesture conveys a sense of security but it also lets your partner know that you want to be close to them at all times. Many couples hold hands everywhere they go early in a relationship but don't do so later on. Try grabbing your partners hand as you are out running errands together. They will be touched by the sentiment and will be happy to be sharing a sense of closeness with you again.

A kiss is still another way to bring the excitement back into your relationship. You may have gotten into the habit of giving your mate a kiss on the cheek or a quick peck on the lips when you see them after a long day of work. Trying kissing them with passion the next time you see them to catch them by surprise and really let you know not only how much you love them but how attractive you find them as well.

Having a common interest can also promote excitement in a relationship. If there is an activity that you both enjoy doing, make it something that the two of you do together often. For example if you both enjoy hiking make plans to go hiking every Saturday morning and each time you go out make it a little different by exploring a new location or setting new goals for yourselves. This will give the two of you a chance to reconnect while enjoying each other's company. Having a ritualistic activity that you and your partner enjoy together creates closeness and intimacy that can help put the excitement back into your relationship.

Offering your partner a massage when they are worn out and tired can also bring the excitement back to your relationship. A massage can be a very sensual and intimate experience. Additionally offering a massage lets your partner know that you can see that they are stressed out and exhausted. They will appreciate your putting them first in the relationship and this will help bring back the excitement in your relationship.

Over time a relationship may lose some of the excitement that it had in the very beginning. While this may be troublesome it is also completely normal and also reversible. Noticing the lack of excitement in your relationship is the first step to restoring that excitement. It may take a little work but with a few

simple actions you can be on your way to an exciting relationship.

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